# YUVA SHAKTI ABHIYAN

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SOCIAL RESPONSIBILITY, VALUES AND LIFE SKILLS



Presenter

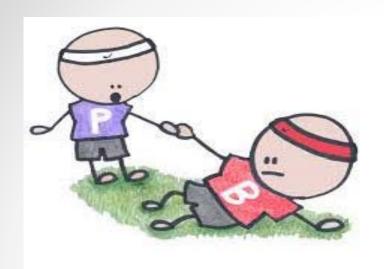
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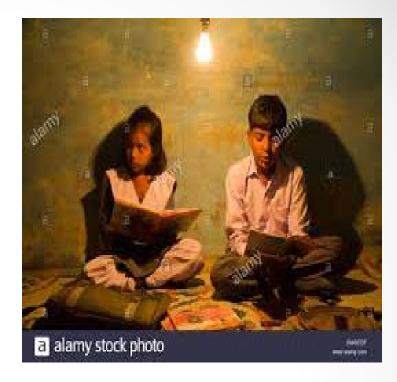
































Values are **Basic and Fundamental Beliefs** that guide or motivate attitudes or actions of an Individual.

Value is a kind of hardware which allow to function these software-

#### Important Things according to you...

Money/Properties Name/Fame

Beauty Political Positions

Principles Relationships

#### **Personal Qualities of yours'**

Honesty Courage Opportunist

Cleverness Character Cowardice

## Personality Attitude of yours'....

Optimism Pessimism

Constructive Destructive

#### **How I Treat Others...**

With respect /care /love
I am helpful/cooperative
I take stand/support
I am loyal /trustworthy

#### **How I Want Others to Treat Me....**

Respect /Love/Care

Helpful/Cooperative/Understanding

Trust/Honesty

# How to identify our core values of life



1.Identify the times
when you were happiest
when you were most proud
when you were most fulfilled and satisfied

# 2.Determine your top values, based on your experiences of happiness, pride, and fulfillment

Authenticity---- Truthfulness-----

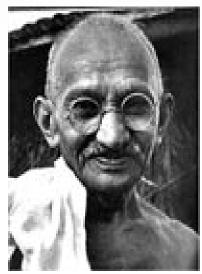
Joyfulness---- Curiosity----

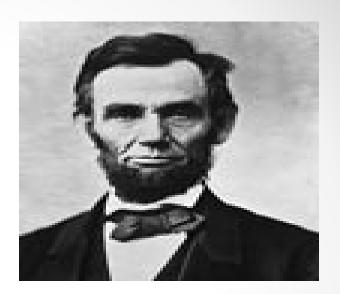
Responsibility---- Love-----

Fearlessness----- Loyalty----

- 3. Prioritize your top values
- 4. Reaffirm your values





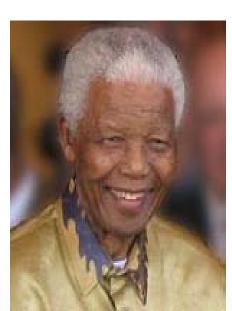




Madam curie



Helen keller









• Kannan Gopinathan





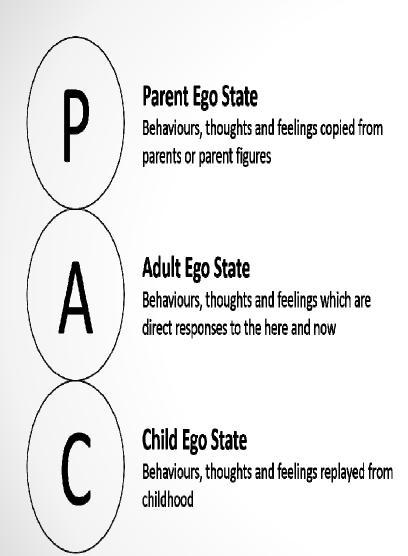
The term 'Life Skills' refers to the skills you need to make the most out of life.

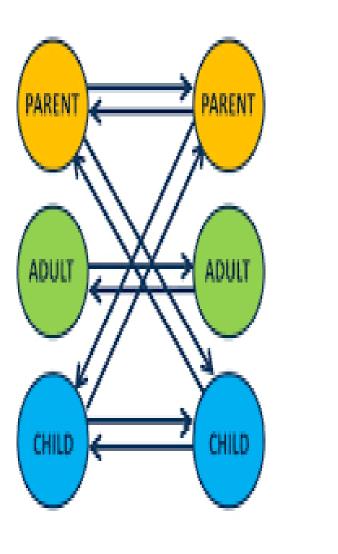
Any skill that is useful in your life can be considered a life skill.

Certain skills may be more or less relevant to you, depending on your life circumstances, your culture, beliefs, age, geographic location, etc.

List of some life skills one should learn to survive better----

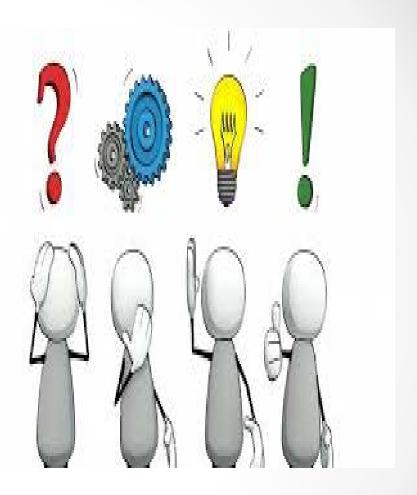
#### 1. Conversation....





## 2. Thinking....

Critical thinking
Rational thinking
Emotional thinking
Analytical thinking
Positive thinking
Negative thinking



- 3. Money and Finance literacy....
- 4. Government and Civics skills....
- 5. Relationships and Emotional intelligence....
- 6. Electronics and Electrical skills.....
- 7. Cooking and basic Household works.....
- 8. First aid and Self defense....
- 9.Time management and Law .....
- 10. Hobby and Passion
- 11. Travel/Etiquette....

